

How to download a route to your Garmin

NB easiest to do this on a laptop not on a phone or iPad

- 1) Don't plug the Garmin in yet.
- 2) Click on the route in Routes Library, Facebook or email to open up the route on 'Ride with GPS'.
- 3) Click on 'Send to phone'
- 4) Three spots
- 4) Click on 'Send to a Different Device'
- 4) Click on Garmin Edge.
- 5) Click on TCX file. The route will now be in your download folder.
- 6) Now plug your Garmin in using the USB cable and wait for it to appear on desktop (may take a few seconds)
- 7) Select 'Garmin' then 'New Files'.
- 8) Drag the route into new files.

NB you cannot see the route on your Garmin it until you unplug it