

Covid-19 related information

Sadly, we have had to accept there will be no club rides until further notice.

For those of us who still want to be active on our bikes we would ask you to:

- Please keep checking the latest public health advice and follow it
- It would be advisable not to go out and about on your bike if you have 'the symptoms'
- Don't forget we have a GPS rides library on our website so you can pick a ride from that – but we can't offer to lead it!
- We recommend that you take food and drink with you as:
 - a. Cafes and clubs are likely to be closed
 - b. It will help you to avoid risk of infection
- Please do not advertise any rides, even informal ones, on our facebook page.